



# PhytoFlex Extra

Chondroitin sulfate and Glucosamine HCl are proteoglycans (mucopolysaccharides) that are found in large quantities in cartilage. They may aid in cartilage regeneration. They seem to have anti-inflammatory action and immunoregulatory effects.

- Chondroitin and Glucosamine are useful when cartilage destruction is a problem
- Yucca provides needed joint pain relief and is an effective anti inflammatory agent.

## Recommended Uses for PhytoFlex Extra:

Chondroitin HCl and Glucosamine Sulfate have anti-inflammatory action and immuno-regulatory effect that some have found to be effective in the control of Arthritis. Some studies have suggested that together they may aid in cartilage regeneration. Yucca has an anti-inflammatory action by regulation of the prostaglandin pathways. It is quite effective in the relief of pain. The use of Chondroitin HCl, Glucosamine and Yucca together seems to work synergistically for more effective control of pain and inflammation.

Yucca is a rich source of polyphenolics, including resveratrol and a number of other stilbenes, which have anti-inflammatory activity. They are inhibitors of the nuclear transcription factor NFkappaB, which causes formation of the inflammatory agent nitric oxide. These phenolics were shown to inhibit COX-1, COX-2 and LTB 4 formation. Yucca phenolics are also anti oxidants and free-radical scavengers.

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**Supplement Facts:** Serving Size: 4 Capsules, Servings per Container: 30  
Each 4 capsules contain: 1200 mg Chondroitin Sulfate, 1500 Glucosamine Hcl.

Other ingredients: Yucca Shidigera root extract, rebaudioside-A (from stevia rebaudiana), magnesium stearate, gelatin.

Suggested Use: 4 Capsules per day with 8 oz of water or juice or as directed by a qualified health professional..

*All of the ingredients in this product are supplied by well respected USA and/or European vendors and all are analyzed for purity and quality.*

How PhytoFlex Extra Is Supplied:

VMPFE Bottles of 120 capsules

**Related Products:** PhytoFlex, Yucca, MSM-750, Opti-MSM Lotion Plus, Ultra Omega-Linic



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*These statements have not been evaluated by the Food and Drug Administration  
Products are not intended to diagnose, treat, cure, or prevent any disease*