

Ultra Elderberry Plus

John W Jones, MD, MPH

Ultra Elderberry Plus is very effective

- It has been shown to be effective against all types of influenza and herpes
 Type I & II
- Elderberry is an antioxidant
- it is an anti inflammatory
- it is an immune stimulator
- It reduces elevated temperature

The Commission E approved the internal use of elder flower for colds. The British Herbal Compendium lists its uses for common cold, feverish conditions, and as a diuretic. In the US and Germany it is used as a component of compounds for cold and flu.

Elderberry is active against the herpes type I & II virus. It has been used for upper respiratory infections, bladder and yeast infections.

Elderberry has been shown to be effective against all strains of influenza. It stimulates the immune system making it effective against other viruses. It has been approved for upper respiratory infections and as a diuretic. In addition, it has been used to reduce inflammation in the urinary tract and bladder.

It has been shown to be effective against many bacterial infections.

While there have been no studies of Elderberry in pregnant and lactating females, both have been used by pregnant and lactating women for years without reported problems.

Echinacea enhances the activity of the immune system, relieve pain, reduce inflammation, has antiviral and antioxidant effects.

By John W Jones, MD, MPH Nutritional Consultant for Nutrition Pure and Simple www.jjconsulting.net

Supplement Facts: Serving Size: 1 Capsule, Servings per Container: 90

Each capsule contains 200 mg Elderberry (Sambucus nigra Berry) extract in a 4:1 concentrate.

Other ingredients: Echinacea Angustifolia herb powder, Trace mineral complex (Zn, Sn), and Magnesium stearate in a gelatin capsule.

Suggested Use: Take 1 capsule 3 to 4 times per day along with a 1/4 teaspoon scoop of Opti-Monolaurin.

All of the ingredients in this product are supplied by well respected USA and/or European vendors and all are analyzed for purity and quality.

How Ultra Elderberry Plus is Supplied:

VMUEP Bottles of 90 Capsules

Related Products: Ultra Monolaurin, PhytoBiotic



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www.nutritionpureandsimple.com